

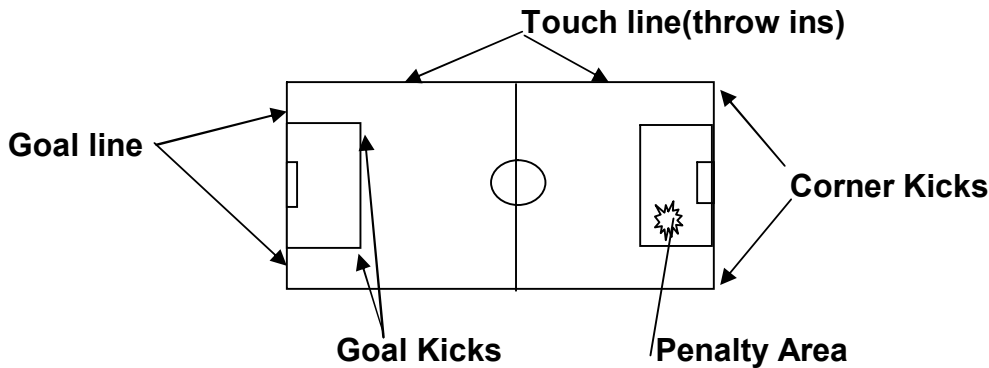


# NMCYS Under 8 Soccer Rules

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## Game Duration :

- Four Quarters 8 Minutes Each
- 5 min haltime snack (grapes, oranges, apples, etc.)
- After game snack (treat and drink)

## Start:

- Start each quarter with kickoff from half circle
- After each goal, start with kickoff from half circle

## # of Players:

- 5V5 or 6V6 or as agreed by the coaches

## Goalies:

- Goalie can handle the ball in the penalty area
- Rotate goalies each half or more

## Referees:

- Sometimes(each coach has whistle on their teams half)

## Substitutions:

- Sub at each quarter

## Goal Kick:

- Goal kick taken by defending team when attacker kicks over goal line and not a goal

## Corner Kick:

- Corner kick taken by attacking team when defender kicks ball over goal line and not a goal

## Throw in:

- Throw in (over head and feet behind line), taken when ball travels over either touch line

## Special Rules:

- Players play at least 50% of game
- All kicks are indirect, no scoring right off of the kick (penalties, goal kicks, corner kicks)
- No penalty kicks, all penalties inside penalty area are moved to outside penalty area
- No offsides
- Stop play immediately upon injury

## Notes:

- Clean field area when leaving
- Arrive 15 minutes early
- Shinpads, Shoes, Shirt, Shorts
- Pull socks over Shinpads (socks should be seen)
- No Jewelry
- Each player brings # 4 size ball