

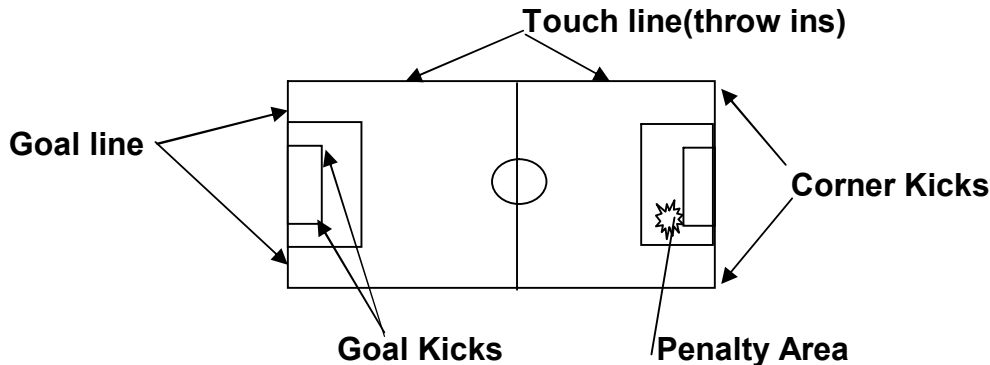


NMCYS Under 10 Soccer Rules

Soccer Hotline: 586-615-9982

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Game Duration :

- Two Halves 20 Minutes Each
- 5 min halftime snack (grapes, oranges, apples, etc..)
- After game snack (treat and drink)

Start:

- Start each half with kickoff from half circle
- After each goal, start with kickoff from half circle

of Players:

- 7v7 or 8v8 or as agreed by the coaches

Goalies:

- Goalie can handle the ball in the penalty area
- Rotate goalies each half or more

Referees:

- YES, Each team selects 1 representative to call out of bounds

Substitutions:

- allowed at **both teams goal kick, controlling teams throw ins** and at **each half**

Goal Kick:

- Goal kick taken by defending team when attacker kicks over goal line and not a goal

Corner Kick:

- Corner kick taken by attacking team when defender kicks ball over goal line and not a goal

Throw in:

- Throw in (over head and feet behind line), taken when ball travels over either touch line

Special Rules:

- Players play at least 50% of game
- Offside rule Not in effect
- Direct and indirect free kicks in force
- Penalty kicks allowed
- Stop play immediately upon injury

Notes:

- Clean field area when leaving
- Arrive 15 minutes early
- Shinpads, Shoes, Shirt, Shorts, socks
- Pull socks over Shinpads (socks should be seen)
- No Jewelry
- Each player brings # 4 size ball